Starters
1 Fried squid rings in batter ........................ 6.50
2 Spring Rolls ........................................... 4.95
3 Garlic mushrooms ................................. 5.25
4 Serrano ham and cheese plate ................. 6.50
5 Chicken wings in a BBQ sauce ................. 5.95
6 Grilled Prawns with garlic bread ............... 8.95
7 Garlic bread ........................................... 3.75
8 Garlic bread with mozzarella ..................... 4.50
9 Mussels in a marinara sauce ..................... 8.95
10 Battered chicken dips with a mayonnaise & curry sauce ... 6.95
11 Prawn tempura with dipping sauce .......... 9.95

Salads
12 Cheese Salad ........................................... 7.50
13 Chicken Salad ......................................... 8.95
14 Chicken Caesar salad .............................. 8.95
15 Tuna Salad ............................................. 8.50
16 Prawn and Avocado Salad ......................... 11.95
17 Cheese & Pineapple Salad ....................... 7.95
18 Goat’s Cheese Salad ............................... 9.95
19 Mozzarella & tomato .............................. 7.50
20 Garden salad with avocado, tomato, lettuce & onion ... 8.50
21 Greek salad with feta cheese & olives ........ 7.75

Paellas
Paella is for a minimum of 2 people. Price is per person.
22 Mixed Paella .......................................... 17.95
23 Seafood Paella ........................................ 19.50

24 Margarita .................. 9.50 (tomato & cheese)
25 Tuna ..................... 10.50 (tomato, cheese, tuna & onion)
26 Chicken .................. 10.95 (tomato, cheese, chicken & sweetcorn)
27 Tropical ................. 10.50 (tomato, cheese, ham & pineapple)
28 Vegetarian .............. 10.50 (tomato, cheese, green pepper, mushrooms & onion)
29 Italian .................. 10.95 (tomato, cheese, bacon & chicken)
30 Frascati .................. 10.50 (tomato, cheese, mushrooms & ham)
31 Pepperoni .............. 10.50 (tomato, cheese & pepperoni)
32 American Hot ............. 11.50 (tomato, cheese, pepperoni, bacon, peppers & jalapeno pepper)

Seafood Paella
Mixed Paella
Greek salad with feta cheese & olives
Mozzarella & tomato
Goat’s Cheese Salad
Cheese & Pineapple Salad
Prawn and Avocado Salad
Chicken Caesar salad
Tuna Salad
Cheese Salad
Garlic bread
Grilled Prawns with garlic bread
Garlic bread with mozzarella
Mussels in a marinara sauce
Battered chicken dips with a mayonnaise & curry sauce
Prawn tempura with dipping sauce

Meat
- The following is served with a choice of chips, jacket, baked potatoes or rice, and a selection of vegetables or mixed salad except*
- Add pepper sauce to any of the above for just 1.95€
33 Sirloin steak ........................................... 17.50
34 Beefsteak ............................................. 12.95
35 Grilled breast of chicken ................. 9.95 (add pepper sauce to any of the above for just 1.95€)
36 ½ Country Roast Chicken ....................... 9.95
37 Pork Chops in a BBQ sauce .............. 9.95
38 Lamb Chops with mint sauce .......... 12.50
39 Kebabs ................................................. 10.95
40 *Chicken curry ..................................... 10.95
41 *Gammon Steak with pineapple, egg & chips .................. 11.50
42 *BBQ Spare Ribs with chips or salad ........ 11.50
43 *Mixed Grill ........................................... 16.95 (pork chop, ½ beefsteak, chicken, sausage, egg & chips)

Fish
- Served with a choice of chips, jacket, baked potatoes or rice, and a selection of vegetables or mixed salad except*
- The following is served with a choice of chips, jacket, baked potatoes or rice, and a selection of vegetables or mixed salad except*
- Add chips for an extra 2.00€
44 Salmon ................................................. 11.95
45 Grilled Swordfish ................................. 12.50
46 *Battered cod with chips & mushy peas .... 11.95
47 Grilled Tuna steak .................................. 11.95
48 Golden Fried Scampi ............................ 10.95
49 *Grilled hake in a white wine sauce with chips or salad ... 10.95
50 *Mixed Fish Grill with chips or salad .......... 16.95 (tuna, swordfish, hake & prawns)
51 *Grilled squid with chorizo & fried onion in a basil sauce .......... 12.50

Jacket Potatoes
52 Jacket Potato ......................................... 4.95
Add ons: cheese (0.50), bolognese (1.95),
tuna & mayonnaise (1.95), cheese & baked beans (2.50),
cheese & bacon (2.50)

Burgers
- Add chips for an extra 2.00€
53 Plain Burger ......................................... 5.25
54 Chicken Burger ........................................ 5.75
With cheese (0.50), pineapple (0.50), egg (0.50), bacon (0.50)
### Pasta & Snacks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chips</td>
<td>3.75</td>
</tr>
<tr>
<td>Hot Dog &amp; chips</td>
<td>5.50</td>
</tr>
<tr>
<td>Meat Lasagne &amp; chips</td>
<td>8.50</td>
</tr>
<tr>
<td>Vegetarian Lasagne &amp; chips</td>
<td>8.50</td>
</tr>
<tr>
<td>*Spaghetti Bolognese</td>
<td>9.50</td>
</tr>
<tr>
<td>*Spaghetti Carbonara</td>
<td>9.50</td>
</tr>
</tbody>
</table>
* Add garlic bread to your pasta for an extra 1.95€

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spanish omelette with salad</td>
<td>8.25</td>
</tr>
<tr>
<td>Plain omelette with chips &amp; salad</td>
<td>8.50</td>
</tr>
<tr>
<td>With cheese (0.50), mushrooms (0.50), ham (0.50), ham + cheese (0.50), bacon (0.70), tuna (0.70)</td>
<td></td>
</tr>
<tr>
<td>Chicken Nuggets with chips and beans</td>
<td>7.50</td>
</tr>
<tr>
<td>Sausage, egg, beans &amp; chips</td>
<td>6.95</td>
</tr>
<tr>
<td>Nachos with guacamole, salsa, jalapeños and cheese</td>
<td>5.25</td>
</tr>
</tbody>
</table>

### Sandwiches & Baguettes

<table>
<thead>
<tr>
<th>Item</th>
<th>Sand</th>
<th>Bag</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuna mayonnaise</td>
<td>4.95</td>
<td>5.75</td>
</tr>
<tr>
<td>Ham</td>
<td>4.25</td>
<td>5.25</td>
</tr>
<tr>
<td>Cheese</td>
<td>4.25</td>
<td>5.25</td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>4.75</td>
<td>5.75</td>
</tr>
<tr>
<td>Chicken</td>
<td>5.95</td>
<td>6.50</td>
</tr>
<tr>
<td>Bacon &amp; egg</td>
<td>5.50</td>
<td>6.25</td>
</tr>
<tr>
<td>Sausage</td>
<td>5.50</td>
<td>5.95</td>
</tr>
<tr>
<td>Chip butty</td>
<td>4.75</td>
<td>5.50</td>
</tr>
<tr>
<td>Bacon &amp; Cheese</td>
<td>5.50</td>
<td>6.25</td>
</tr>
<tr>
<td>Club sandwich</td>
<td>5.95</td>
<td></td>
</tr>
<tr>
<td>Vegetarian</td>
<td>4.50</td>
<td>5.25</td>
</tr>
</tbody>
</table>
* Add chips to any sandwich for just 2.00€

### Breakfast

The following breakfasts are served from 9am -12pm except **THE FULL MONTY** which is served until 2pm

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Toast, butter &amp; jams</td>
<td>2.95</td>
</tr>
<tr>
<td>Toast with eggs or bacon or sausage or beans</td>
<td>4.25</td>
</tr>
<tr>
<td>Continental Breakfast</td>
<td>4.50</td>
</tr>
<tr>
<td>(Pastry, toast, jams with tea, coffee or juice)</td>
<td></td>
</tr>
<tr>
<td>Vegetarian Breakfast</td>
<td>5.75</td>
</tr>
<tr>
<td>(Egg, hash browns, mushrooms, beans, tomato, toast &amp; tea, coffee or juice)</td>
<td></td>
</tr>
<tr>
<td>Breakfast Cereal</td>
<td>2.95</td>
</tr>
<tr>
<td><strong>THE FULL MONTY</strong></td>
<td>6.95</td>
</tr>
<tr>
<td>2 eggs, 2 slices of Danish bacon, 2 sausages, baked beans, grilled tomato, toast. Tea, coffee or juice</td>
<td></td>
</tr>
<tr>
<td><strong>LA BAHIA SPECIAL</strong></td>
<td>5.50</td>
</tr>
<tr>
<td>1 egg, Danish bacon, beans, sausage and toast. Tea, coffee or juice</td>
<td></td>
</tr>
<tr>
<td>extra egg (1.25) bacon (1.25) beans (1.25) sausage (1.25)</td>
<td></td>
</tr>
</tbody>
</table>

### Children’s menu

- Chicken Nuggets, chips & beans
- Sausage, Beans & chips
- Curry with rice or chips
- Fish Fingers, chips & beans
- Grilled Tuna, chips & beans
- Chicken, chips & beans
- Grilled swordfish, chips & beans
- Beef Burger & chips
- Hot Dog & chips
- Spaghetti Bolognese
- Pasta with tomato or bolognese sauce

**Children’s menu** 4.50€

### Allergen Information

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients — if you have a food allergy, please let us know before ordering. There is a full list of ingredients available behind the bar.