

## Starters

- 1 Tomato Soup ..... 4.75
- 2 Spring Rolls ..... 4.95
- 3 Garlic mushrooms ..... 5.25
- 4 Onion Rings ..... 4.75
- 5 Chicken wings in a BBQ sauce ..... 5.95
- 6 Grilled Prawns with garlic bread ..... 8.95
- 7 Garlic bread ..... 3.75
- 8 Garlic bread with mozzarella ..... 4.50
- 9 Caramelised duck paté ..... 6.50
- 10 Battered chicken dips with a mayonnaise & curry sauce ..... 6.95
- 11 Prawn tempura with dipping sauce ..... 9.95



## SALADS

- 12 Cheese Salad ..... 7.25
- 13 Chicken Salad ..... 8.75
- 14 Tropical Salad with two fruits of the day ..... 7.95
- 15 Tuna Salad ..... 8.25
- 16 Prawn and Avocado Salad ..... 11.95
- 17 Cheese & Pineapple Salad ..... 7.75
- 18 Goat's Cheese Salad ..... 9.50
- 19 Mozzarella & tomato ..... 7.25
- 20 Garden salad with avocado, tomato, lettuce & onion ..... 8.25
- 21 Greek salad with feta cheese & olives ..... 7.50

## Paellas

Paella is for a minimum of 2 people. Price is per person.

- 22 Mixed Paella ..... 17.95
- 23 Seafood Paella ..... 19.50



## PIZZAS

- 24 Margarita ..... 8.95  
(tomato & cheese)
- 25 Napolitana ..... 9.95  
(tomato, cheese, green pepper, salami & olives)
- 26 Tuna ..... 9.95  
(tomato, cheese, tuna & onion)
- 27 Chicken ..... 10.50  
(tomato, cheese, chicken & sweetcorn)
- 28 Tropical ..... 9.95  
(tomato, cheese, ham & pineapple)
- 29 Vegetarian ..... 9.95  
(tomato, cheese, green pepper, mushrooms & onion)
- 30 Italian ..... 10.50  
(tomato, cheese, bacon & chicken)
- 31 Frascatti ..... 9.95  
(tomato, cheese, mushrooms & ham)
- 32 Pepperoni ..... 9.95  
(tomato, cheese & pepperoni)
- 33 American Hot ..... 10.95  
(tomato, cheese, pepperoni, bacon, peppers & jalapeño pepper)

## Meat

The following is served with a choice of chipped, jacket, boiled potatoes or rice, and a selection of vegetables or mixed salad except\*

- 34 Sirloin steak ..... 17.50
- 35 Beefsteak ..... 12.95
- 36 Grilled breast of chicken ..... 9.95  
(add pepper sauce to any of the above for just 1.95€)
- 37 ½ Country Roast Chicken ..... 9.95
- 38 Pork Chops in a BBQ sauce ..... 9.95
- 39 Lamb Chops with mint sauce ..... 12.50
- 40 Kebabs ..... 10.95
- 41 \*Chicken curry ..... 10.95
- 42 \*Gammon Steak with pineapple, egg & chips ..... 11.50
- 43 \*BBQ Spare Ribs with chips or salad ..... 11.50
- 44 \*Mixed Grill ..... 16.95  
(pork chop, ½ beefsteak, chicken, sausage, egg & chips)

## Fish

Served with a choice of chipped, jacket, boiled potatoes or rice, and a selection of vegetables or mixed salad except\*

- 45 Salmon ..... 11.75
- 46 Grilled Swordfish ..... 12.25
- 47 \*Battered cod with chips & mushy peas ..... 11.75
- 48 Grilled Tuna steak ..... 11.75
- 49 Golden Fried Scampi ..... 10.95
- 50 \*Grilled hake in a white wine sauce with chips or salad ..... 12.95
- 51 \*Mixed Fish Grill with chips or salad ..... 16.95  
(tuna, swordfish, hake & prawns)
- 52 \*Grilled squid with chorizo & fried onion in a basil sauce ..... 11.95

## JACKET POTATOES

- 53 Jacket Potato ..... 4.95  
Add ons: cheese (0.95), bolognese (1.95), tuna & mayonnaise (1.95), cheese & baked beans (2.50), cheese & bacon (2.50)

## Burgers

Add chips for an extra 2.00€

- 54 Plain Burger ..... 5.25
- 55 Chicken Burger ..... 5.75  
With cheese (0.50), pineapple (0.50), egg (0.50), bacon (0.50)

## Pasta & Snacks

56	Chips .....	3.75
57	Hot Dog & chips.....	5.25
58	Meat Lasagne & chips .....	8.25
59	Vegetarian Lasagne & chips.....	8.25
60	*Spaghetti Bolognese.....	8.95
61	*Spaghetti Carbonara .....	9.50
* Add garlic bread to your pasta for an extra 1.95€		
62	Spanish omelette with salad.....	8.25
63	Plain omelette with chips & salad.....	6.50
With cheese (0.50), mushrooms (0.50), ham (0.50), ham + cheese (0.50), bacon (0.70), tuna (0.70)		
64	Chicken Nuggets with chips and beans.....	7.50
65	Sausage, egg, beans & chips.....	6.95

## Sandwiches & Baguettes

	SAND	BAG
66	Tuna mayonnaise.....4.95	5.75
67	Ham .....	5.25
68	Cheese.....4.25	5.25
69	Ham & Cheese .....	5.75
70	Chicken .....	6.50
71	Bacon & egg .....	6.25
72	Sausage.....5.50	5.95
73	Chip butty .....	5.50
74	Bacon & Cheese.....5.50	6.25

\* Add chips to any sandwich for just 2.00€

## BREAKFAST

The following breakfasts are served from 9am -12pm  
except THE FULL MONTY which is served until 2pm

75	Toast, butter & jams.....	2.95
76	Toast with eggs or bacon or sausage or beans....	4.25
77	Continental Breakfast .....	4.50
(Pastry, toast, jams with tea, coffee or juice)		
78	Vegetarian Breakfast .....	5.50
(Egg, hash browns, mushrooms, beans, tomato, toast & tea, coffee or juice)		
79	Breakfast Cereal (ask your waiter for choices).....	2.95
80	THE FULL MONTY.....	6.95
2 eggs, 2 slices of Danish bacon, 2 sausages, baked beans, grilled tomato, toast. Tea, coffee or juice		
81	*LA BAHIA SPECIAL.....	5.25
1 egg, Danish bacon, beans, sausage and toast. Tea, coffee or juice		
extra egg (1.25) bacon (1.25) beans (1.25) sausage (1.25)		

## Children's menu 4.50€

82	Chicken Nuggets, chips & beans
83	Sausage, Beans & chips
84	Curry with rice or chips
85	Fish Fingers, chips & beans
86	Grilled Tuna, chips & beans
87	Chicken, chips & beans
88	Grilled swordfish, chips & beans
89	Beef Burger & chips
90	Hot Dog & chips
91	Spaghetti Bolognese
92	Pasta with tomato or bolognese sauce

Allergen Information: All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients - if you have a food allergy, please let us know before ordering.  
There is a full list of ingredients available behind the bar.



**LA BAHÍA**  
RESTAURANTE

